

Grocery List

Produce

- 2 red bell peppers
- 1/2 cup sliced mushrooms
- 2 1/2 onion
- 1 green pepper, diced
- 2 roma tomatoes
- 3 cups broccoli florets
- 5 cloves of garlic
- 1 pear
- 2 1/2 large avocados
- 2 tablespoons chopped fresh cilantro
- 2 tablespoons fresh flat-leaf parsley
- 1 large jalapeño
- 1 bunch of radishes

Refrigerated/Frozen

- 2 1/2 cup milk
- 2 16.3-ounce tubes of large refrigerated biscuits
- 2 1/2 cups mozzarella cheese
- grated Parmesan cheese
- 8 slices pepper jack cheese
- 1 cup finely grated asiago cheese

Meat/Poultry/Seafood

- 1 pound ground sweet Italian sausage
- 1/2 cup sliced pepperoni
- 2 packages of pre-cooked refrigerated chicken
- 2 cups fully cooked turkey breast
- 1 pound boneless, skinless chicken tenders
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Pantry

- 1 15-ounce can pizza sauce
- 3 tablespoons ranch dressing
- 4 burrito size tortillas
- 3/4 cup panko bread crumbs
- 1 pound farfalle pasta (bowties)
- 1 bag of egg noodles
- 1/2 cup white wine
- 5 cups chicken broth

- 1 can (6 ounces) French Fried Onions
- 2 teaspoons Worcestershire sauce
- 30 ounces canned garbanzo beans
- 3 tablespoons tahini
- 1 tablespoon Sriracha
- 3 cups Homemade Oatmeal Muffin Mix
- 1 tablespoon pine nuts
- 1/2 cup macadamia nuts, chopped
- 1/2 cup muesli
- 1 box yellow cake mix (plus ingredients to make)
- 1 3.5 oz. instant vanilla pudding mix
- 1 14 oz. can sweetened condensed milk
- 3/4 cup cocoa powder
- 5 cups powdered sugar
- 1/2 teaspoon cinnamon
- 1 teaspoon vanilla
- 1/2 teaspoon ground mustard
- 1 tablespoon chili powder
- 1/2 teaspoon ground cumin
- 1/2 teaspoon oregano
- 1/2 teaspoon crushed red pepper
- 1/2 teaspoon ground cayenne pepper
- 1/2 teaspoon garlic powder
- 1 teaspoon lime juice
- 2 bags tortilla chips

Pantry Staples

- Olive oil (at least 1 cup)
- Extra Virgin Olive Oil (at least 1 cup)
- Salt
- Black Pepper
- Unsalted Butter (at least 2 cups)
- Eggs (at least 1 dozen)